

DECEMBER 2020

A MONTHLY JOURNAL FOR YOUR COMPANY

Demonstrations of Dedication and Professionalism

As I have said before, during a time of uncertainty, positive words and good news are always shining lights. I would like to share with you some exceedingly kind and inspiring words from one of our longtime customers, Marva Maid, in Landover, MD about Erick Peagler, Quickway Terminal Manager.

Good Afternoon,

I just wanted to take a moment to recognize Erick Peagler for everything he has been doing since he joined us here in Landover. In the short time since he has joined the team, I have seen a significant improvement in employee morale, communication, and efficiency. You can tell he cares about his employees' well-being while also holding them accountable for their actions; he believes in doing the right thing and it shows. He has displayed numerous examples of strong leadership and effective problem-solving at a time where it has been quite hectic around here. I believe it is important for you to get feedback like this, so you know he is representing Quickway in a positive and professional manner.

Thank you for everything you do for us,

Matthew R. Sperry

MDVA Milk

Logistics Manager - Landover

Maryland & Virginia
Milk Producers Cooperative Association

During a short period of time, Erick has demonstrated traits or leadership building blocks that not only have been noticed by me but by our customer too, as you can see and read in the above letter, and I would like to share those recognized traits with you.

Show **Initiative** and **Constructive Tenacity**. Do not always wait to be told what to do, take the initiative and get out ahead of opportunities or problems.

Be **Prepared** and **Thorough**. Attention to detail is a critical skill. Do not give the minimum that is required but give the maximum effort to be seen by your customers. Let it be a worthy investment!

Have the willingness to **Communicate** and ask questions. Do not assume you understand what is asked of you. It is better to ask questions than to begin with an incorrect assumption about your tasks.

Thank you, Erick Peagler, for your demonstrations of dedication and professionalism!

Merry Christmas to all and have a Wonderful and Safe Holiday!!

Chris Cannon

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Chris Cannon
VP of Operations



Our ESOP at Work

All of us work each and every day to one day join the elite in retirement. We do this with dedication to operating safely and following our core values. Our dedication to the smallest details help build our shareholder value, so when that day arrives for each of us we can stop working and have an income to live on beyond our working years.

Here in Livonia we have 4 drivers who have done just that and will be joining the retirement community. They all have worked very hard to be the best drivers on the road both professionally and safely. They will all be missed as we train new drivers to hopefully one day reach the same status in their professional driving careers.



Thomas Kennedy

Thomas Kennedy began his driving career as a casual May 17th 1998 and became a full time driver on Jan 5th 2005.



Greg Chaudoin

Greg Chaudoin began his driving career with Quickway as a casual driver on March 18th 2000 and became a full time driver on Sept 9th 2004.



Daniel Carroll

Daniel Carroll began his driving career with Quickway as a full time driver on April 1st 2011



Karl Korneffel

Karl Korneffel began as driving career with Quickway as a full time driver on June 11th 2012. Karl came off the road and took on the role of a full time switcher in 2017.



We build our Shareholder value through our focus on safety and our Core Values! These driver have done this for us all, with their dedication and commitment.

Let's give them a big round of applause and wish them many great days into their retirement years.

Heath Lorincz
Terminal Manager



Heath Lorincz
TM, Livonia

TEAMWORK

Yesterday I was talking to one of our Indianapolis drivers, Gilbert Avant. He was telling me about a drive tire blow out that he had the night before. His right front drive tire came completely apart. He had not realized how bad it was until he had arrived and pulled behind the store he had to deliver. When he got behind the store there was a truck already in the dock making a delivery. So he pulled off to the side and made his call to the Indy shop to get a road service to come fix it. Gilbert was told it would be about 2 hours before the road service could get there with a new tire.



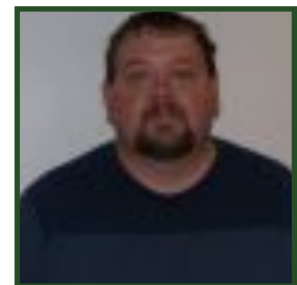
The driver making the delivery was William Charles from our Quickway operation in Shelbyville Indiana. When William was finished with the delivery and came out of the store to leave he saw that the Indy driver was stuck and could not make the delivery until the tire was replaced. After the two drivers had discussed the situation William offered to pull out of the dock and drop his trailer, hook to Gilbert's trailer and back it into the dock so that

Gilbert could make his delivery while waiting on the road service to arrive. This was something that William did not have to do but was appreciated by both Gilbert and the store personnel.

The delivery was made on time without the 2 hour delay. The road service showed up, fixed the tire and Gilbert was on his way. Thanks to both drivers for working together to service our customer and to help out a fellow shareholder.



Gilbert Avant



William Charles

CDC Says Truckers Could Be Among The First In Line For Early COVID-19 Vaccine

By **Ashley** - November 25, 2020 www.cdlife.com

As the COVID-19 crisis continues, the Centers for Disease Control (CDC) is looking at plans to distribute the vaccine to select groups of people if supplies are short — and essential workers like truck drivers could be at the top of the list.



The CDC recently issued updated recommendations on who should receive the COVID-19 vaccine first if the supply is limited. The agency said that their goals in vaccine distribution are to preserve the functioning of society while reducing death and serious illness as much as possible.

The CDC named four groups of people who they say should be vaccinated first if the vaccine is in short supply:

- ♦ Healthcare personnel
- ♦ Workers in essential and critical industries
- ♦ People at high risk for severe COVID-19 illness due to underlying medical conditions
- ♦ People 65 years and older

The CDC points to the definition of “essential critical infrastructure workers” provided by the Cybersecurity & Infrastructure Security Agency. This definition includes truck drivers, health care workers, law enforcement, and people who work in the food and agriculture industry.

“Current data show that many of these [essential] workers are at increased risk for getting COVID-19. Early vaccine access is critical not only to protect them but also to maintain the essential services they provide U.S. communities,” the CDC noted.

Vaccine distribution could begin as early as mid-December.



“Let it snow Let it snow Let it snow!”

Ok, Just Let it Snow someplace else so I don't have to drive through it! That's the prayer of most truck drivers, wives of truck drivers and safety professionals everywhere! It's so pretty to look at but so dangerous to be out driving in! This past week the “Great White North” saw the return of Winter Weather Driving to many of our service locations. It started me thinking, what can I share about winter weather driving from my 30+ years behind the wheel to help out my fellow drivers? So, here is a list of some tips I used to help keep me safe and accident free:

1. Watch for brake lights on the vehicles ahead of you by “Aiming High in Steering”, always looking a minimum of 15 seconds ahead or as far down the road as you can see.

2. Make sure your lights are on and working. This will help “Make Sure They See You.”

3. Clean the ice and snow off mirrors, windows, lights and reflective tape.

4. Use your air conditioner to help keep windows defrosted. Conditioned air is dry air.

5. Watch the cloud of powdered snow surrounding your unit. There may be a car or truck hidden in it! “Keep Your Eyes Moving.” Scan your mirrors every 5-8 seconds.

6. Look out for other vehicles whose only means of visibility is a 3-inch by 3-inch area scraped off the windshield. They are not “Getting the Big Picture!”

7. See and be seen. Be aware of your surroundings. Look ahead, to the sides and rear, keeping space on all 4 sides but especially in front. This is called “Leaving Yourself an Out”. Keep that Full Circle of Awareness with space cushion driving!

8. Be extra cautious on entrance and exit ramps. A sharp turn on a slippery road means double trouble. Accelerating or braking too hard can cause a spinout or wheel to skid.

9. Be aware of bridges. Their surfaces freeze first and can be more slippery than the roadway itself.

10. Start braking early for stop signs and red lights. Learn to “Pace” the stale green lights. Intersections can be icier than the roads leading to them.

11. Allow for the wind. Be ready for it in large open areas or when you come out from behind a hill, tunnel or an overpass. Be especially cautious with an empty trailer.

12. Be aware of the outside temperature especially when the roads are wet. Keep your speed down to maintain traction and turn off the cruise control. If your wipers are on, the cruise should be off. Increase your following distance to be able to react to other vehicles getting into trouble ahead of you.

13. Keep in mind the importance of a good following distance: 6-8 seconds in dry weather and double or even triple that in foul weather.

14. Don't drive in the ruts of other vehicles. Their spinning wheels have probably packed the snow into ice.

15. Accelerate/decelerate carefully and gradually. Remember that the tractor must pull the trailer. If the pavement is slick, the conditions are ripe for a jackknife.



“Let it snow Let it snow Let it snow!”

16. Slow down. Speed decreases rolling traction. Slowing will increase your traction.
17. Turn the engine brake off when on wet, icy or snow covered roads, when approaching bridges, on-ramps or exit ramps.
18. Remember: A spinning wheel wants to lead! Avoid the power skid by being very gentle on the accelerator.
19. A wheel that has lost rolling traction will also want to lead and cause a jackknife. To regain Rolling traction get off the fuel and be very gentle with the brakes, again speed is your key...slow down.
20. Be deliberate with your actions. Slow and steady! Any abrupt change in wheel direction, speed, or braking can cause a loss of rolling traction.

MOST IMPORTANTLY: We want to avoid a nuclear verdict against OUR Company from a serious accident. When conditions are not safe to be out driving in like: Freezing rain, dense Fog or whiteout conditions the law says we are to: slow to a crawl, put on your emergency flashers and park at the nearest safe location off of the roadway (not on the shoulder) until the conditions improve. Call your terminal and keep them informed of your progress and an ETA when you are able to move again. I hope these tips help keep you safe as they did me!

Eric Hill
Northern Region Safety Manager



Eric D. Hill, NRSM



GIFT- A Recipe for Customer Service

As we head into the Christmas, or "Gift Giving" season, I thought it would be fitting to provide an article on Customer Service as we are all out shopping for something.

Several years ago I attended a seminar dealing with customer service and handling customer complaints. Over the years our business at Capital City Leasing has grown, and our customers of course have become the terminal, the drivers and the general public. One of the sessions I remember included a "GIFT" formula for customer service and I thought I would share it.

When someone brings a problem to your attention:

1. Say "Thank you". This automatically begins to disarm the situation. When we are defensive right away, it creates tension.
2. Explain why you appreciate the complaint/concern. By doing this you are showing true concern for the issue at hand.
3. Apologize for the mistake. Even if you didn't make the mistake, it is okay to say "I'm sorry this happened."
4. Promise to do something about the issue immediately. People like it when you respond to their concern.
5. Ask for necessary information. In order to correct an issue, you may have to ask questions. Once again, this shows sincerity, and lets you identify real issues.
6. Correct the mistake promptly. By acting immediately and correcting the problem, people normally interpret that as you being truly concerned about them.
7. Check customer satisfaction. Once again, it is okay to ask them if they are happy with the resolution to the problem.
8. Prevent future mistakes. It can be extremely frustrating if the same problem continues to occur over and over again. Make sure you identify the real issue and take care of it so that it doesn't happen again (if possible).

Wishing you all a blessed Christmas season.



Steve O'Neal
President, CCL

Top 10 Holiday Quotations

www.inspirational-quotes-and-quotations.com

- 1) "The best and most beautiful things in the world cannot be seen or even touched. They must be felt with the heart. Wishing you happiness. " - Helen Keller
- 2) "This is my wish for you: peace of mind, prosperity through the year, happiness that multiplies, health for you and yours, fun around every corner, energy to chase your dreams, joy to fill your holidays!" - D.M. Dellinger
- 3) "I wish we could put up some of the Christmas spirit in jars and open a jar of it every month." - Harlan Miller
- 4) "Blessed is the season which engages the whole world in a conspiracy of love." - Hamilton Wright Mabie
- 5) "Christmas waves a magic wand over this world, and behold, everything is softer and more beautiful." - Norman Vincent Peale
- 6) "Celebrate the happiness that friends are always giving, make every day a holiday and celebrate just living!" - Amanda Bradley
- 7) "Love the giver more than the gift." - Brigham Young
- 8) "Every piece of the universe, even the tiniest little snow crystal, matters somehow. I have a place in the pattern, and so do you. Thinking of you this holiday season!" - T.A. Barron
- 9) "At Christmas play and make good cheer, for Christmas comes but once a year." - Thomas Tusser
- 10) "To many people holidays are not voyages of discovery, but a ritual of reassurance." - Philip Andrew Adams





Live Well, Work Well

November 2020

Brought to you by HealthCheck360

It's That Time of the Year Again: Flu Season

The arrival of the fall and winter months signals many things, including flu season. According to the Centers for Disease Control and Prevention (CDC), flu activity peaks between December and February. It's likely that flu viruses and the virus that causes COVID-19 will both spread this fall and winter.



**From spring 2019 to spring 2020,
U.S. flu cases decreased by 17%.**

**Experts attribute this drop to
COVID-19 safety measures.**

Source: CDC

Many symptoms of the common cold, the flu and COVID-19 are similar, so learn how to differentiate between them on the next page.

Flu Prevention

The flu vaccine is your best chance of preventing the illness, and it's more important than ever this year. Currently, the CDC recommends an annual flu vaccine for anyone over 6 months of age.

In addition to getting your vaccine, there are some other ways to help protect yourself during this flu season. Avoid close contact with people who are sick, and stay home when you're sick. It's critical to continue good hygiene by

covering your coughs and sneezes, and washing your hands. Safety measures made a positive impact on flu cases earlier this year, and they will continue to be crucial as we enter flu season.

Get Your Flu Shot

If you're unsure about getting a flu vaccine, here are some reasons why it's especially important amid the pandemic:

- **Reduces risk of contracting both viruses at the same time**—Battling simultaneous flu and COVID-19 infections could be much worse than battling either alone. Nobody knows what to expect until it happens—and then it's too late.
- **Eliminates symptom confusion between the flu and COVID-19**—You'll be less likely to get flu symptoms like fever, cough and body aches. Those are symptoms that could be confused for COVID-19.
- **Reduces strain on the medical system**—The flu and COVID-19 are both respiratory illnesses, so they rely on some of the same life-saving hospital equipment.

If you're worried about staying healthy this flu season, please contact your doctor or HealthCheck360 for healthy living tips.



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COVID-19 vs. Flu vs. Cold—Which Is It?

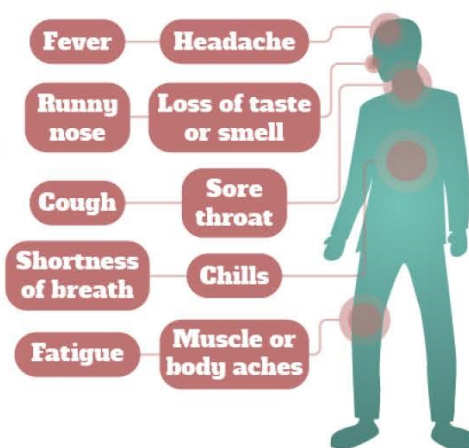
As expected during the pandemic, every cough, sneeze or throat tickle may give you cause for concern. Many symptoms of the common cold, the flu and COVID-19 are similar—making it difficult to distinguish between them. Different viruses cause each of these illnesses, which means there *are* different symptoms.

- **COVID-19**—The most common three symptoms to keep in mind are fever, dry cough and shortness of breath. Check out the infographic below for additional symptoms.
- **Flu**—If you feel fine one day and miserable the next, it may be the flu. Common symptoms include cough, fatigue, fever or chills, headaches, body aches, runny or stuffy nose, sore throat, vomiting and diarrhea.
- **Common cold**—Most importantly, you won't have a fever with a cold. Typically, symptoms of the common cold come on gradually, and may start with a sore throat or irritated sinuses.

One key difference between the illnesses is a symptom of COVID-19—shortness of breath. If you are concerned about your symptoms, call your doctor. The only way to confirm your illness is to get tested.

Is It COVID-19?

People with COVID-19 have experienced a wide range of mild to severe symptoms, appearing 2 to 14 days after exposure, including:



American Diabetes Month

Diabetes affects over 30 million Americans—and that number grows every day. While Type 1 diabetes can't be prevented, you can take steps to prevent Type 2 diabetes—the type that is most common.

- **Eat healthy.** Get plenty of fiber and whole grains, and understand how the foods you eat affect your blood glucose.
- **Be more active.** Aim for at least 30 minutes of exercise daily, and try incorporating both aerobic exercise and resistance training.
- **Lose extra weight, and keep it off.** If you're overweight or have obesity, weight control can be an important part of diabetes prevention.

One in three American adults are at risk for Type 2 diabetes, yet nearly 85% don't know they have it. Take control now during American Diabetes Month, and see your doctor to get your blood sugar tested.



Fall Veggie Casserole

Makes: 8 servings

Ingredients

1 medium eggplant
4 tomatoes
1 green pepper
1 onion
1 tsp. salt
¼ tsp. pepper
3 Tbsp. olive oil
1 clove garlic
2 Tbsp. grated Parmesan cheese

Preparations

- 1) Remove the skin from the eggplant. Cut the eggplant into cubes.
- 2) Chop the tomatoes into small pieces.
- 3) Cut the green pepper in half. Remove the seeds and cut it into small pieces.
- 4) Chop the onion into small pieces.
- 5) Cut the garlic into tiny pieces.
- 6) Cook the first eight ingredients in a large skillet until tender.
- 7) Top with Parmesan cheese and serve.

Nutritional Information

(per serving)

Total calories	86
Total fat	6 g
Protein	2 g
Sodium	313 mg
Carbohydrates	8 g
Dietary fiber	3 g
Saturated fat	1 g
Total sugars	5 g

Source: U.S. Department of Agriculture (USDA)

The Benefits of Seatbelts

We all know that doing things safely should be our first priority. We all have someone or something waiting for us at home. Whether it is family, pets or livestock, they are counting on us to return home safely after our shift is completed. Wearing a seatbelt properly when we are behind the wheel contributes to that safe return. I would venture to guess that most of us know someone that has been saved by a seatbelt.



Quickway Company policy states that we must wear our seatbelt anytime we are behind the wheel. This is monitored monthly through PeopleNet. State and Federal regulations also require us to wear our seatbelts anytime we are on the roadway, and it is just a good idea.



Recently there have been court rulings with this topic as well. One ruling in particular denied a Workers Comp claim due to the driver not wearing a seatbelt while being injured in an accident. The seatbelt will not only keep you in the seat where you can maintain control of the vehicle, but it will also prevent you from being ejected in the event of a roll over.

With all of that being said, I am asking everyone to please, just wear your seatbelt.

Phil Tabraham
Southern Region Safety Manager



Driver Vehicle Inspection Reports

What You Need To Know

We just need to clear a few thing up! As a Best Business Practice our company policy requires each driver to fill out 2 DVIR's every day: 1 Pre-Trip DVIR and a separate 2nd Post-Trip DVIR from the book in the tractor. Yes, the DVIR Book in the tractor not the one you carry around with you (don't do that). The DVIR Book MUST remain with the tractor NOT with the driver. You should have the last 7 days with you in the DVIR Book. So, when the DVIR Book gets full you get a new DVIR Book. Then keep the old book for how long? That's right 7 days, then you remove it from the tractor. Why? No need to give that DOT officer any additional information than that which is required by law. Remember, If they want to find something...they will! Throw the old stack of DVIR books in the cubies out.

In a recent audit of DVIR's a common problem was an illegible signature. Please put your log ID along with your signature on every DVIR you fill out. This will help us greatly to determine who the DVIR belongs to. Another problem was missing information or an incomplete DVIR. Be sure you fill out every line with all of the data needed. We don't want a "Form and Manor" violation from the DOT. If there are no defects then put that in the space for remarks or OK, or 100% compliant, or something along those lines. If a defect is listed it MUST repaired before the tractor can be driven again and be signed off on by the Mechanic who made the repairs. Then a reviewing signature from the driver is required. Missing information can lead to problems.

So, in review the DVIR book stays with the tractor. We need the last 7 days in your possession. We need 2 inspection DVIR's every day from every driver who operated the equipment. The DVIR must be completely filled out and we need a log ID number along with your signature. Defects need to be corrected and signed off on before you leave. Oh, and one

more thing, In the E-Log in your PeopleNet place the remark in the comment box: "See Paper DVIR." Do NOT place defects in the E-Log PeopleNet. Our shops do not have access to sign off on your E-DVIR. We are working with PeopleNet on this issue now. I hope this helps clear up any questions you have on DVIR's.

Eric Hill Northern Region Safety Manager



DRIVER'S VEHICLE INSPECTION REPORT			
AS REQUIRED BY THE D.O.T. FEDERAL MOTOR CARRIER SAFETY REGULATIONS			
CARRIER: Quickway Transportation			
ADDRESS: Your terminal address here			
DATE: 12-01-2020		TIME: 12:00 A.M. P.M.	
CHECK ANY DEFECTIVE ITEM AND GIVE DETAILS UNDER "REMARKS"			
TRACTOR/ TRUCK NO. Tractor Number		ODOMETER READING Mileage	
<input type="checkbox"/> Air Compressor <input type="checkbox"/> Air Lines <input type="checkbox"/> Battery <input type="checkbox"/> Belts and Hoses <input type="checkbox"/> Body <input type="checkbox"/> Brake Accessories <input type="checkbox"/> Brakes, Parking <input type="checkbox"/> Brakes, Service <input type="checkbox"/> Clutch <input type="checkbox"/> Coupling Devices <input type="checkbox"/> Defroster/Heater <input type="checkbox"/> Drive Line <input type="checkbox"/> Engine <input type="checkbox"/> Exhaust <input type="checkbox"/> Fifth Wheel <input type="checkbox"/> Fluid Levels <input type="checkbox"/> Frame and Assembly	<input type="checkbox"/> Front Axle <input type="checkbox"/> Fuel Tanks <input type="checkbox"/> Horn <input type="checkbox"/> Lights <input type="checkbox"/> Head/Stop <input type="checkbox"/> Tail/Dash <input type="checkbox"/> Turn Indicators <input checked="" type="checkbox"/> Clearance/Marker <input type="checkbox"/> Mirrors <input type="checkbox"/> Muffler <input type="checkbox"/> Oil Pressure <input type="checkbox"/> Radiator <input type="checkbox"/> Rear End <input type="checkbox"/> Reflectors	<input type="checkbox"/> Safety Equipment <input type="checkbox"/> Fire Extinguisher <input type="checkbox"/> Flags/Flares/Fusees <input type="checkbox"/> Reflective Triangles <input type="checkbox"/> Spare Bulbs and Fuses <input type="checkbox"/> Spare Seal Beam <input type="checkbox"/> Starter <input type="checkbox"/> Steering <input type="checkbox"/> Suspension System <input type="checkbox"/> Tire Chains <input type="checkbox"/> Tires <input type="checkbox"/> Transmission <input type="checkbox"/> Trip Recorder <input type="checkbox"/> Wheels and Rims <input type="checkbox"/> Windows <input type="checkbox"/> Windshield Wipers <input type="checkbox"/> Other	
TRAILER(S) NO.(S) Trailer Number			
<input type="checkbox"/> Brake Connections <input type="checkbox"/> Brakes <input type="checkbox"/> Coupling Devices <input type="checkbox"/> Coupling (King) Pin <input type="checkbox"/> Doors	<input type="checkbox"/> Hitch <input type="checkbox"/> Landing Gear <input type="checkbox"/> Lights - All <input type="checkbox"/> Reflectors/Reflective Tape <input type="checkbox"/> Roof	<input type="checkbox"/> Suspension System <input type="checkbox"/> Tarpaulin <input type="checkbox"/> Tires <input type="checkbox"/> Wheels and Rims <input type="checkbox"/> Other	
Remarks: List any defect and have them repaired before leaving the terminal like broken mirror. If no defects write OK or No Defects. _____ _____ _____ _____ _____			
<input checked="" type="checkbox"/> CONDITION OF THE ABOVE VEHICLE IS SATISFACTORY DRIVER'S SIGNATURE: Your Name and LOG ID# here			
<input checked="" type="checkbox"/> ABOVE DEFECTS CORRECTED <input type="checkbox"/> ABOVE DEFECTS NEED NOT BE CORRECTED FOR SAFE OPERATION OF VEHICLE			
MECHANIC'S SIGNATURE: Mechanics Signature		DATE: Date	
DRIVER'S SIGNATURE: Your signature that you reviewed repairs if any		DATE: Date	
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1854			



Eric D. Hill, NRSN

Things That Make Us Go Hmmm! Safety Benefits of ELDs vs Other Safety Technologies

At a recent truck safety summit, three safety experts talked about 'what's working' to move the safety needle at their companies. All three experts talked about the effectiveness of automatic emergency braking technology (AEB) and shared compelling real-world data demonstrating its efficacy. This got us at STC wondering how the crash reduction benefits of AEB, and other active safety technologies in the market today, compare to the estimated benefits of mandated ELDs. AAA Foundation for Traffic Safety estimated the annual benefit of four technologies if they were installed on all current and new trucks. STC has listed them below and compared them with the FMCSA ELD benefit estimate.

Technology	Crashes Avoided	Injuries Avoided	Deaths Avoided	Source
Video-based onboard safety systems	63,000	17,733	293	AAA
Lane departure warning systems	6,372	1,342	115	AAA
Automatic emergency braking systems	5,294	2,753	55	AAA
Air disc brakes	2,411	1,447	37	AAA
Electronic logging devices (ELDs)	1,844	562	26	FMCSA

The technologies are listed in order of the highest to the lowest estimated crash reduction benefits. While the estimates for the top four were made by AAA, and the ELD estimates were made by the FMCSA, there's no reason to believe these estimates are not reasonable. All of these technologies have been around for years and are proven effective. However, the estimates do raise some interesting questions:

- Why did the government (Congress & FMCSA) mandate ELDs instead of one of the other technologies?
- Did the government compare the potential benefits of different truck safety technologies prior to the ELD mandate?

Why did the vast majority of the trucking industry support an ELD mandate over a mandate of video systems, AEB, or others? Let's face it. ELDs have improved hours of service compliance. That's a very good thing. But what about **safety**? The jury is still out (perhaps way out...) on whether ELDs have reduced crashes. Would the industry and the public have been better served with a different, potentially more safety-beneficial technology mandate? Hmmm...

* *AAA Foundation Study.*

** *FMCSA ELD Estimates*

Currently Quickway has handful of leased tractors with this system, we are adding some of these technologies to our new tractors (Bendix Wingman Advanced). You will be getting more information and instructional videos regarding this technology in the near future. We must do all we can, to increase safety for all Quickway Shareholders and the motoring public.



Phil Tabraham
Southern RSM



Lowest 25 Idlers Company Wide November 2020 Congratulations!



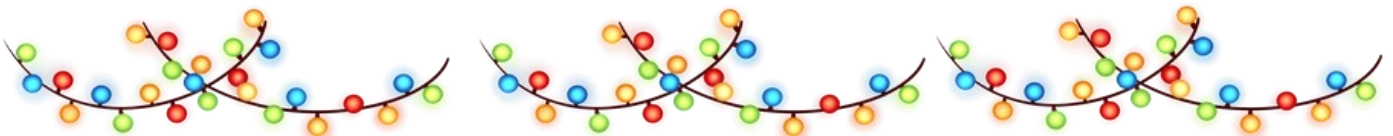
#	Driver Name	Terminal	Long Idle %	Short Idle%	Total Idle %	Long Idle Fuel	Short Idle Fuel	Total Idle Fuel
1	Joseph Childers	Shelbyville	0.00%	16.89%	0.83%	0.00	5.60	5.60
2	Danny Portner	Livonia	0.00%	13.10%	1.58%	0.00	10.32	10.32
3	Thomas Byerley	Ft. Worth	0.00%	11.43%	1.70%	0.00	5.46	5.46
4	Cedric Scott	Ft. Worth	0.00%	9.81%	1.79%	0.00	7.09	7.09
5	Nathanial Kimball	Newark	0.00%	8.61%	1.84%	0.00	6.43	6.43
6	Billy Smith	Murfreesboro	0.00%	7.78%	1.95%	0.00	5.01	5.01
7	Bruce Meadors	Dallas	0.00%	7.32%	1.95%	0.00	4.31	4.31
8	James O Jones	Livonia	0.00%	7.19%	2.14%	0.00	1.81	1.81
9	Jeffrey Howiler	Newark	0.00%	7.09%	2.16%	0.00	4.17	4.17
10	Louis Blackshear	Newark	0.00%	5.93%	2.19%	0.00	6.41	6.41
11	Charles Davidson	Murfreesboro	0.00%	5.30%	2.23%	0.00	5.73	5.73
12	Scott Jones	Indianapolis	0.00%	5.06%	2.42%	0.00	0.63	0.63
13	Barry Barron	Dallas	0.00%	4.65%	2.50%	0.00	3.12	3.12
14	Terrence J Hayden	Shelbyville	0.00%	4.45%	2.51%	0.00	4.22	4.22
15	Chrystal Murphy	Norman	0.00%	3.48%	2.52%	0.00	3.99	3.99
16	Cleveland Void	Landover	0.00%	3.37%	2.54%	0.00	4.78	4.78
17	Curt Sikes	Louisville	0.00%	3.20%	2.55%	0.00	2.02	2.02
18	Kevin Clagett	Newark	0.00%	3.12%	2.55%	0.00	6.22	6.22
19	Richard Winfrey	Murfreesboro	0.00%	2.95%	2.57%	0.00	3.65	3.65
20	Jose Jimenez	Shelbyville	0.00%	2.65%	2.60%	0.00	4.46	4.46
21	Johnny Cook	Dallas	0.00%	2.60%	2.63%	0.00	2.74	2.74
22	Carolyn Askew	Norman	0.00%	2.54%	2.65%	0.00	2.48	2.48
23	Michael Russell	Conroe	0.00%	2.19%	2.75%	0.00	3.36	3.36
24	Noemi Nunez Vindel	Murfreesboro	0.00%	2.16%	2.95%	0.00	3.49	3.49
25	Dean Daugherty	Shelbyville	0.00%	2.14%	2.96%	0.00	0.98	0.98
Averages			0.00%	5.80%	2.28%	0.00	4.34	4.34



CONGRATULATIONS!

Drivers With 0.00% Long Idle Time - November 2020

#	Driver Name	Terminal	Long Idle %	Short Idle %	Total Idle %
1	Barry Priddy	Louisville	0.00%	0.83%	0.83%
2	Bobby Dunham	Conroe	0.00%	1.70%	1.70%
3	Kerwin Buggs	Murfreesboro	0.00%	1.79%	1.79%
4	Rickey Mitchell	Simpsonville	0.00%	1.84%	1.84%
5	Brandon Sylvester	Bloomington	0.00%	1.95%	1.95%
6	Dean Daugherty	Shelbyville	0.00%	2.14%	2.14%
7	Noemi Nunez Vindel	Murfreesboro	0.00%	2.16%	2.16%
8	Michael Russell	Conroe	0.00%	2.19%	2.19%
9	Carolyn Askew	Norman	0.00%	2.54%	2.54%
10	Johnny Cook	Dallas	0.00%	2.60%	2.60%
11	Jose Jimenez	Shelbyville	0.00%	2.65%	2.65%
12	Richard Winfrey	Murfreesboro	0.00%	2.95%	2.95%
13	Kevin Clagett	Newark	0.00%	3.12%	3.12%
14	Curt Sikes	Louisville	0.00%	3.20%	3.20%
15	Cleveland Void	Landover	0.00%	3.37%	3.37%
16	Chrystal Murphy	Norman	0.00%	3.48%	3.48%
17	Terrence Hayden	Shelbyville	0.00%	4.45%	4.45%
18	Barry Barron	Dallas	0.00%	4.65%	4.65%
19	Scott Jones	Indianapolis	0.00%	5.06%	5.06%
20	Charles Davidson	Murfreesboro	0.00%	5.30%	5.30%
21	Louis Blackshear	Newark	0.00%	5.93%	5.93%
22	Jeffrey Howler	Newark	0.00%	7.09%	7.09%
23	James O Jones	Livonia	0.00%	7.19%	7.19%
24	Bruce Meadors	Dallas	0.00%	7.32%	7.32%
25	Billy Smith	Murfreesboro	0.00%	7.78%	7.78%
26	Nathanial Kimball	Newark	0.00%	8.61%	8.61%
27	Cedric Scott	Ft. Worth	0.00%	9.81%	9.81%
28	Thomas Byerley	Ft. Worth	0.00%	11.43%	11.43%
29	Danny Portner	Livonia	0.00%	13.10%	13.10%
30	Joseph Childers	Shelbyville	0.00%	16.89%	16.89%



DECEMBER ANNIVERSARIES



Christopher Hines
Lynchburg
15 Years



Kevin Kennedy
Shelbyville
15 Years



Shavruan David
Bloomington
10 Years



Richard Drummond
Bloomington
10 Years



Jacob Fernandez
Indianapolis
5 Years



Congratulations!



DECEMBER BIRTHDAYS

Porter, Monroe

Seeger, Timothy

Montgomery, Joni

Jones, John C

Prather, Robert

Sanders, Richard

Burns, Lorne

Mack, James

Neltner, Martin

Freeman, Kenneth

Howell, Clarence

Mason, Mark A

Mitchell, James

Wethington, Todd

Eddy, James

Falcon, Christopher

Hall JR, Charles

Davis, Richard

Miller, Michael

Alexander, Maliha

Eldridge, Terrell

Young, Christopher

Simmons, Shai

Field JR, Richard

Mason, Desmond

Young, Andre

Diarra, Mahamadou

Fuller, Jerry

Hightower, Dustin

Kelley, Recie

Smith, Dennis

Wright, Carroll

Howard, Christina

Thomas, Donald

Edmonds, Carl

Evenson, Jonathan

McCurry, Daniel J

Rinke, Stephen

Eckart, Joshua

Grippaldi, Shadrick

Stubler, Philip

West, Thomas

Colvin, Jimmy

Brown, Lori

Kimball, Nathaniel

Meadors JR, Bruce

Askew, Carolyn

Agosta, Paul

Austin, Marcus

Cowan, Christopher

King, Kathryn

Caraway, Paul

Koso, David

Wilkinson, Patrick

Clark, Eric

Knight, Donald

McIver JR, Earl

Sheneman, Michael

Childress, Robbie

Dillard JR, William

Himmler, Andrew



Happy Birthday!