

# THE DISPATCH



**September 2019**

**A MONTHLY JOURNAL FOR YOUR COMPANY**

August 26, 2019  
Fellow Shareholder,

Enclosed is your ESOP Statement reflecting the value of your account as of March 31, 2019.

Like you, I am very disappointed. 2018 was our most challenging year. The major factors the Appraiser uses to value our stock were all against us in 2018. Lower Free Cash Flows, Higher Year-End Debt, a chaotic public stock market, and an uncertain economy anxious about tariffs and global deflation made for a foul tasting recipe, and a disastrous year end valuation.

The 12/31/18 stock price of \$10.21 was so disappointing that the Board of Directors, and the ESOP Trustee approved a subsequent 3/31/19 valuation, which results in your statement stock price of \$12.33.

At our Annual Shareholders Meeting we told the leaders of our family of companies how this perfect storm occurred, and our glide path to continue to grow Shareholder Value in the future.

In your local meetings you will be allowed to ask questions, and there will also be videos from CFO Roger Ross and myself. Please listen carefully, I think you will gain not only a clear understanding of what happened and why, and how we intend to build value going forward. Like many of you, I am three years from retirement, and I am not satisfied with these results. The great part of our future is we know what we can control, and we know how to get the stock back up. I am very confident in our capabilities to satisfy our customers and create value for their companies, and for our ESOP. We were up 21% in the 1<sup>st</sup> Quarter, so let's commit to making the rest of 2019 a tremendous year!

As always, Safety First!  
Bill

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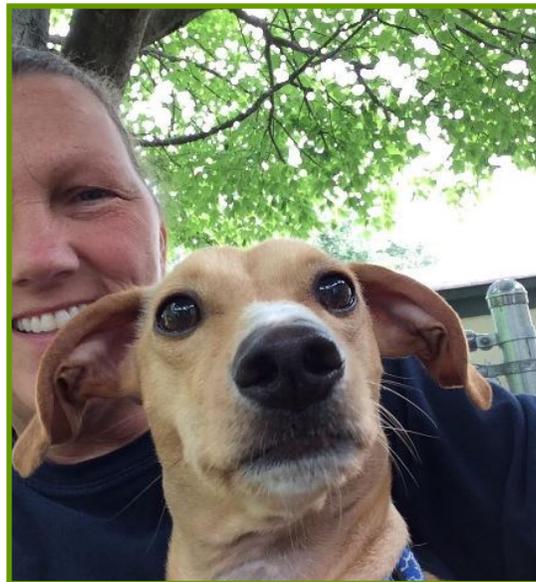
**Bill Prevost**  
CEO

# Kathy Stumpf - 15 Years

While I have only known Kathy since November her name is synonymous with the Indianapolis terminal. I quickly realized the attention to detail and the relationships she has developed with Kroger, have become a cornerstone for the customer partner rapport that has been successfully developed over the last 15 years.

Kathy is a value driven, faith based gal with a fiery spirit and a thirst for laughter and joy. While she has overcome personal adversity and extremely heavy life impacting moments she comes in energetic and full of smiles every day. Kathy is a private person but fast to share fun and interesting facts.

She works closely with Shelly Ives and if you are in their zone for more than 5 minutes we say you have been Shathy-ied (a term coined by Alex Niedringhaus) because you have inevitably found yourself ensnared in some sort of debate that absolutely pertains to nothing you had planned to do that day but you always walk away laughing, smiling or scratching your head.



I asked Kathy to put some thoughts on paper about herself and her last 15 years with Quickway and I would say this does give a good snapshot.

"Ok, I love Jesus, my family and myself! I love being outside and listening mostly to Country and 70,s music.

I've been with Quickway for 15 years, wow doesn't seem possible. I had two little guys with me when I went to 7200 to do my paperwork. The boys (7 and 8 at the time) asked Gary Knotts if he knew how to get into the vending machine and, of course, Gary pulled out some money.

These boys are now 22 and 23, one is a Plumber apprentice the other is studying to be a Pastor. It's been a long time since then.



Alex and now Missy (love you Missy) so much.

Love, love, love, everybody I worked with. Scott Heard, I know he doesn't come around anymore, I miss him. Harry Crabtree and Mr. Bill Prevost you know I love you, you helped me through a lot of things! Love Chris Cannon - I will troll you until the day I die! LOL! Love to Ed, thank you for Taco Tuesdays, awesome! Paul Moore you are the best! You've taught me so much about this industry and you're a great guy! That's all, thank you all!"

Thank you Kathy for your core value approach and for your 15 years of loyalty!



**Melissa Bratton**  
Indianapolis Terminal  
Manager

# Navigating Your Health Insurance

## Who is HealthSCOPE Benefits?

HealthSCOPE Benefits is the administrator for your insurance plan. The following are some facts about HealthSCOPE Benefits:

- Providing claims administration since 1992
- Administrator for several Fortune 500 companies
- More than 650,000 members in all 50 states
- \$2.2 billion in paid claims in 2018
- Offices nationwide
- Ranked 3<sup>rd</sup> largest employee benefits Third Party Administrator\*

## What should you do if a provider tells you that you don't have coverage?

When this happens, chances are the provider's office contacted the company who maintains your network. Instead, they should contact the health plan's administrator, which is HealthSCOPE Benefits.

Providers should call the number for HealthSCOPE Benefits, which is on the back of your ID card. There a Customer Care Rep will explain the plan. If the provider then agrees to see the patient, Customer Care will reach out to the member to let them know they can schedule the appointment.

**1-800-581-6420**

## What should I do when a provider says they don't accept my network?

There may be times when providers tell you that they do not accept your network. If this happens, present your ID card and tell the provider to call the number for HealthSCOPE Benefits.

If the provider still refuses to accept your ID card, Customer Care will contact the member and try to assist with finding another provider. If you choose not to go to another provider, Customer Care will reach out to see if they will accept a letter of agreement.

Customer Care and the provider will begin negotiations, so that you may be seen and claims will still be processed and paid as in-network.

## What should I do if a provider makes me pay for services up front?

There may be times you have services that the provider will refuse to accept you unless you pay up front. Make sure to call HealthSCOPE Customer Care and they will inform the provider that they process all claims in-network and negotiate on your behalf.

If you do pay upfront for services, make sure to let HealthSCOPE know so that you may have those services applied to your plan on an in-network basis and be reimbursed when necessary.

## Additional Information

What to do when you receive a balance bill?

1. In the rare instance you may receive a balance bill, where the provider states you owe additional money, reach out to HST where they will put you in touch with their Patient Advocacy Center (PAC).
2. PAC's role is to work directly with providers through resolution, keeping the member in the loop.
3. You will need to sign a form, which you will receive in the mail, that will allow PAC to negotiate and settle on your behalf.
4. You will not be responsible for any amount that is over patient responsibility (deductible and out-of-pocket max).



Randy Harris  
Director of Human  
Resources



# 5 Ways to Save Money on Gas at Kroger

By: Theo Thimou—August 9, 2019, [www.clark.com](http://www.clark.com)

Here's how to save on Kroger gas

Kroger owns nearly 2,800 stores across two dozen supermarket chains in 35 states and Washington, D.C.

Are you familiar with names like Foods Co., Ralphs, Dillons, Smith's, King Soopers, Fry's, QFC, City Market, Owen's, Jay C, Pay Less, Baker's, Gerbes, Harris Teeter, Pick N' Save, Cops, Metro Market or Mariano's? They're all under common ownership, with Kroger as the parent company. Fortunately, there are a lot of entry points to save money on Kroger gas at any of the chain's banners. Here's how to get started....

## 1. Join the Kroger Plus shopper's program

The easiest way to start saving money on Kroger fuel is simply to sign up for the Kroger Plus card. Just complete the free registration for this loyalty card and you're up and running collecting fuel points.

The basic idea here is that you earn one fuel point for every \$1 you spend. Certain items like alcohol and tobacco are not eligible to earn fuel points. Then for every 100 points you accumulate in a month, you get 10 cents off per gallon at Kroger Fuel Centers. You must use those points by the end of the month following the one in which you earn them, and points don't combine across months.

But Kroger Plus is about more than just fuel savings. Your free membership also gives you access to Digital coupons, Personalized offers, Special promotions, The weekly circular, The monthly newsletter and more.

(Editor's note: Some Shell stations also participate in the program. Call 1-888-GO-SHELL for more information.)

## 2. Buy select gift cards

Once you're a Kroger Plus member, you can earn double points on select gift cards every day. So, for example, if you purchase a \$25 participating gift card, you get 50 fuel points.

In addition, Kroger often runs special promotions where you can get up to four times the fuel points on select gift card purchases. So if you manage to catch one of these sales, that same \$25 gift card purchase would get you 100 fuel points!

However, the following gift cards are always ineligible for any points offers Kroger and Kroger Family of Stores gift cards, Green Dot prepaid reloadable products, American Express variable load gift cards, Visa variable load gift cards, Mastercard variable load gift cards, and MoneyPaks.

## 3. Receive Kroger Fuel points at the pharmacy

You can earn 50 points for qualifying prescriptions that you pick up at the Kroger pharmacy.

However, certain restrictions do apply. For example, there's a different point system if your prescriptions are paid for, either in whole or in part, by a federal healthcare program such as Medicare, Medicaid or Tricare. In that case, you receive Pharmacy Fuel Points based on how much you spend out of pocket in a 1:1 ratio. So, \$1 spent equals one fuel point, in this example.

Have additional questions? Your best bet is to ask your Kroger pharmacist about how the fuel points work at their store.

## 4. Use the Kroger Rewards World Mastercard

As a welcome bonus to new account holders, Kroger offers an additional 25 cents off per gallon for the first year each time you redeem 100 fuel points. You just need to use your Kroger Rewards World Mastercard to get the extra savings. After 12 months, the additional payout rate drops down from 25 cents off per gallon to 5 cents off.

## 5. Join the Kroger Fuel VIP pilot program

Kroger is currently doing a pilot test of a new paid program called Fuel VIP.

With this subscription loyalty program, you pay \$40 a year and get to earn one extra fuel point for every dollar you spend. So it effectively doubles your baseline Kroger fuel points accumulation rate. It also offers you bigger savings at the pump, among other things.

## Final thought

Kroger offers many ways to save money on gas. Best of all, it's easy to mix and match among the strategies we've outlined here.

Meanwhile, while we're on the topic of gas, did you know that there's a special kind of detergent gas that's actually better to use for your car?

It's called Top Tier detergent gasoline and it has deposit control additives to clean your engine and help it run more efficiently. We've got a full write-up on Top Tier gas and a list of retailers that sell it here.



Harry Crabtree  
Vice President of Safety

# Term life vs. whole life insurance: Understanding the difference

By: Theo Thimou—August 9, 2019, [www.clark.com](http://www.clark.com)

Life insurance can be confusing. And nowhere is the confusion more apparent than in the discussion of term life vs. whole life insurance. If you watch TV, you're likely to see a lot of commercials for whole life insurance. But money expert Clark Howard isn't a fan of whole life insurance. In fact, he says most people — with a few limited exceptions — would be better served by having a term life policy.

In this article, we'll explain what term life vs. whole life is and which one would make more sense for you.

Here's what you need to know about term life vs. whole life

Whenever you're thinking about insurance, you want to ask yourself the question: What's the purpose of this insurance? Or, to use the lingo of the insurance industry, you want to establish what your "insurable need" is. Why do you need the insurance? What are you trying to accomplish with the policy? There are very different use cases for term life vs. whole life.

A look at term life insurance.

Key highlights:

- Pays a death benefit to your beneficiaries
- No investment component or cash value
- Buy it for a set number of years
- Premiums remain the same throughout the life of the policy
- Monthly premiums are typically low

Term life insurance is an easily understandable insurance policy that simply pays out a death benefit to your beneficiaries. Nothing more and nothing less. There's no investment account tied to it, as there is with some whole life insurance. So, at its core, term life is just used for replacement of income if you die during your prime working years.

The idea of the "term" is that you buy the policy for a set number of years — usually 20 or 30 years. So let's say you and a spouse are just starting a family. You may want to buy a 20-year term policy. Because it will provide income for your family in the event you die before your children are grown.

The premiums are generally very low — often around \$50 a month for a middle-aged man and much lower for someone younger. Another nice feature of term life is that the premium stays the same month after month and never goes up!

A look at whole life insurance.

Key highlights:

- Pays a death benefit to your beneficiaries
- Has an investment component with cash value
- There are no term limits — coverage follows you all your life
- Premiums remain the same throughout the life of the policy
- Generally has much higher premiums than term life

Whole life is a kind of permanent life insurance. Like its suggests, it has no term limits like term life does. So, you don't buy it for a set period of 20 or 30 years and then expect it to expire.

In fact, you can have it for multiple decades and the policy stays with you throughout the years. That's where the name "whole life" comes from.

Harry Crabtree  
VP of Safety



# Term life vs. whole life insurance: Understanding the difference Continued...

By: Theo Thimou—August 9, 2019, [www.clark.com](http://www.clark.com)

There's also another way it's unlike term life insurance. While term life only pays out in the event you die, whole life policies typically add an investment component into the insurance equation.

With the investment part, the policy has a tax-deferred cash value. That means the money isn't taxed while it's growing. But it is taxed when you use the money. To use the cash value, you can either withdraw money from the policy, borrow against and repay it or even cash the policy out entirely.

Obviously, if you choose to cash it out the policy won't be there to pay out to beneficiaries when you die.

Which one makes sense for you?

As we mentioned earlier, Clark Howard is a big fan of term life for most people.

"Life insurance has gotten much cheaper over the years, in part because people are living longer," Clark says. "Add into the mix the Internet, which has made it ultra-easy to compare prices when shopping for life insurance. The result is that term life insurance costs have dropped by two-thirds in the last 15 years. That's a great deal!"

If you have someone who depends on you financially — like kids or a stay-at-home spouse — then you would probably best be served with a term life insurance policy. By contrast, whole life really isn't ideal for a lot of people. But it might work for one subset of the population, according to Clark.

"Whole life insurance is only a good choice if you are ultra-high income earner who earns about \$400,000 annually." Clark says. "If that's you, you can benefit from some tax advantages that come with the policy."

As always, be sure to consult with your tax advisor before buying a whole life policy — even if you do earn around \$400,000.

Final thought

Insurance can seem complicated, but it doesn't have to be. When you get right down to it, there are really only two kinds of policy choices — term life vs. whole life. The former works for just about everybody, while the latter only makes sense for a small sliver of the population.

Ready to buy a term life policy? You'll want to check out our guide to the best life insurance companies first.

Next, be sure to read our step-by-step tutorial on how to buy term life insurance. It will walk you through the six simple steps you need to take to get the right protection for your family today!



Harry Crabtree  
VP of Safety

# VP Spotlight - Barry Taylor

Not too long ago, I had the pleasure of having lunch with Barry T. Taylor, a driver at our Indy terminal.

We had a great time, and it was fun listening to Barry's life story as a Brooklyn New Yorker. Definitely a different life style, and I would be willing to bet he had some Italian influence during his time in New York. He had some great stories of his childhood into adult life and how he was going to move forward and make a good life for himself and his children.

He moved to Indy in September of 2015. He purchased a nice home, is a single parent to 3 kids, and started working at our Indy terminal hauling bread. His intention was truly to be hired at a place where he could retire. Well he is on his way. Barry hauls bread to the Louisville area, and then will grab a dry grocery load when he gets back to complete his day.

The most memorable moment during our lunch was when Barry said,

*"Quickway has changed my life and I am on a good path".*

Well congratulations Barry.

Stay on that path and enjoy the ride.

Thanks for all you do.



Ed Marcellino  
Region VP

# IMPROVEMENT OPPORTUNITY

On August 4, 2019 it happened once again! We were backing into a customer dock in Hendersonville, TN when we caught the bottom step on the passenger side of our tractor on a yellow pole bending the bracket and damaging the step. Not a huge accident you say? Well, think of this; our deductible is \$1,000,000.00. So for every bruise, scratch, dent and ding we pay 100% out of pocket until we reach the deductible amount! Even though the individual cost is not extremely high, the frequency and the cost for each one of these type accidents adds up all too quickly! They also have a direct impact on our share price. It's the frequency of these accidents that is the real problem. It is the most common accident we have at Quickway: Hitting a fixed object while backing. As many as 30% of our accidents are of this very type. In the Trucking Industry it's as high as 40 to as much as 60%. It's a plain simple fact folks: Yellow poles, concrete walls and parked vehicles don't move! So, how is it that our most common accident at Quickway is hitting these fixed objects? THAT'S A GOOD QUESTION RIGHT? Let's take a look at the dynamics of these accidents to help us discover our improvement opportunity.

**Vehicle design.** Because of the huge blind spots associated with the physical design of a large commercial vehicles special care needs to be taken when backing. We spend 99.9% of our time behind the wheel going forward and less than .1% in reverse and yet as many as 30% of our accidents are in reverse. This means the "Risk" of you having an accident while backing is extremely high! Remember: As compared with going forward you spend much less time in reverse and therefore have much less practice at it too. Don't get overconfident in your abilities. That's when bad things happen to a professional truck driver!

**Aim High In Steering.** How do I do that? Check the backing area before you start to back. **Get Out And Look** to be sure there are no hidden hazards awaiting you around that blind corner or in that dark well. Watch your speed near the dock area too. This is a dangerous place to be driving and our speed is the key to avoiding hazards.

**Get The Big Picture** by recognizing all of the hazards and having the proper Speed. Scan for and recognize the hazards. Look for the yellow poles, the guard rails, the low concrete step against the wall. How fast are you backing? If you are going too fast you won't have the time you need to make the decisions to avoid the hazards. The Smith System recommends a speed of less than 1 mile per hour while backing. You need this time while backing to gather all the information you can to avoid the fixed object hazards.

**Keep Your Eyes Moving.** Scan your mirrors. Don't just stare at one mirror. This is a common mistake. Use all the mirrors. Check every side of your vehicle as you back. With proper eye movement and with plenty of time to scan ALL of the mirrors we are less likely to hit that fixed object that might have otherwise been overlooked. Our **speed is key** in having the right amount of time to move our eyes.

4. **Leave Yourself An Out.** Pick the safest dock, the one with the fewest hazards if you have an option. Think about your departure upon your arrival. How am I getting out of here? Plan your path out as you arrive. Did I mention speed? It applies to this key as well! SLOW DOWN! It's not a contest. You are not being judged on how fast you can back. This is all about avoiding contact with... well, anything!

**Make Sure They See You.** Are your headlights on? Did you sound the horn before you started to back? Are your four way flashers on? How about your speed? Are you at the recommended speed for backing? If you did miss someone in your backing area at less than one mile per hour perhaps they will have a better chance to get out of your way. What is the recommended speed for backing again? Oh yeah, LESS THAN ONE MILE PER HOUR! Are you seeing a trend here????

So, it looks like our best opportunity to avoid a backing accident is for us to: Slow Down and use the 5Keys of the Smith System. Did I mention: be ever vigilant and aware of your speed while you back. One more thing, if you don't have to back say for example: at a truck stop or a rest area, then don't. You will never have a backing accident if you never back up! One last time, "Your chances of a backing accident go WAY down if you JUST SLOW DOWN!"



Eric Hill  
Northern Region  
Safety Manager

# FMCSA Drug and Alcohol Clearinghouse

Many of you may have already heard some “buzz” about the new DOT Drug and Alcohol Clearinghouse that goes live on January 6, 2020. This Clearinghouse will be a full database of all DOT drug and alcohol violations, like positives, refusals, adulterations, etc. on any CDL driver subject to these regulations. Employers will be responsible to “Query” (request) a report on each CDL driver who operates a Commercial Motor Vehicle on a public roadway.

## How will this impact Employers?

When a driver applies for a new job after 1/6/2020, the prospective employer will have to do a Full Query on the database to ensure this driver hasn’t had any DOT drug or alcohol violations. This will include directing the new applicant to the FMCSA Drug and Alcohol Clearinghouse to register, then submit the requests of DOT drug and alcohol records to all previous employers. The driver will have to go back into the database, and approve all of the drug and alcohol queries for each former employer.

From January 6, 2020 until January 6, 2023, employers must query the FMCSA Drug and Alcohol Clearinghouse on each applicant for each previous employer the driver had in the last 36 months, as well as, sending a signed release for DOT drug and alcohol information to the previous employers in the last 36 months. Recruiting will be pulling double duty to get DOT drug and alcohol information for 3 years. After January 6, 2023, employers will only need to go to the DOT drug and alcohol clearinghouse to submit the releases to get previous employer drug and alcohol records.

All employers are also required to do a Limited Query on all active drivers operating for them each year.

## What does this mean for the Drivers?

If you are currently employed, all you will have to do is sign a consent form for your employer to do a Limited Query to satisfy the DOT/FMCSA requirement for the annual check. If a driver refuses to sign a consent form for the employer to query them on the database, then the employer is unable to use that driver in a safety sensitive capacity... basically they won’t be able to work!

If you are looking for a new job and become a potential candidate for employment with a different carrier after 1/6/2020, the new prospective carrier will have to pull a Full Query in order to hire you. In order to pull a Full Query to hire a driver, the driver must visit the FMCSA Drug and Alcohol Clearinghouse site and register. Then the driver will have to approve the new employer’s query on the Clearinghouse database in order for the new employer to get the background reports required to employ you.

The FMCSA will have the Clearinghouse open for all employers and drivers to sign up and create an account sometime this fall.

This will be a new step for all of us to have to take to remain compliant with the federal regulations, but it should improve communications and data request turnaround time in the future. Thank you for your efforts to keep us all compliant, making our roads safer, and protecting our ESOP.



Billie McCullough  
Compliance Manager

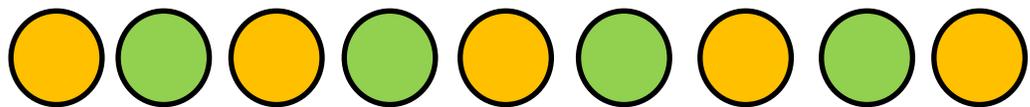
# Terminal News

“I think we are PRICED to succeed.”

- ⇒ People
- ⇒ Retention
- ⇒ Innovation
- ⇒ Core Values
- ⇒ ESOP
- ⇒ Developing You



Alex Niedringhaus  
Terminal Manager



**We received this shout out from Kevin McCullough, one of our recruiters on Tuesday 8-13-19. Here is the actual e-mail we received from Kevin. He said it well!**

**“Hey team Louisville! I passed truck # 16518 a couple of times on the way to work this morning. I know drivers are so used to hearing negative comments so I just wanted to compliment this driver’s ability. He stayed in the right lane going between 62-65 mph and kept an extremely safe distance between himself and the vehicles in front of him. He was hauling a Kentucky Distribution Center (KDC, Kroger) trailer that had LOU followed by a number so I assumed it was a Louisville guy. The driver was obviously very well trained! Is he one of yours?”**



**Thank you Kevin!**

**Yes this is one of our professional drivers Will Armes, a longstanding Louisville driver with an excellent record! CONGRATULATIONS to Will on this Shout Out and keep up the great job! Folks you never know who is behind you. Maybe it’s your Regional Safety Manager, CEO, CFO. Vice President or even a DOT officer or an unmarked Patrol Officer. Drive it like you own it! The fact is...you do own it! Drive it like a professional! Core Value #1 states: We will be safe professional and accountable in everything we do. Great Work Will! Keep up the great job!**



Eric Hill  
Northern Region  
Safety Manager

## CORE VALUES

**WE** will be safe, professional, and accountable in everything we do.

**WE** will be the low-cost provider, run lean and efficient, while maintaining the highest standards of safety, service, and compliance.

**WE** value Honesty, Integrity, and open communication for problem solving and continuous improvement.

**WE** will be results-oriented, recognizing and rewarding employees based on their performance.

**WE** are built to Last, for the benefit of our customers and shareholder employees.

# Lowest 25 Idlers Company Wide August 2019

#	Driver Name	Terminal	Long Idle %	Short Idle%	Total Idle %	Long Idle Fuel	Short Idle Fuel	Total Idle Fuel
1	McGary, James	Bloomington	0.00%	0.98%	0.98%	0.00	1.00	1.00
2	Martell, Douglas	Murfeesboro	0.00%	1.63%	1.63%	0.00	1.92	1.92
3	Vindel, Noemi Nunez	Murfeesboro	0.00%	1.70%	1.70%	0.00	2.42	2.42
4	Sylvester, Brandon	Bloomington	0.04%	1.67%	1.71%	0.07	2.13	2.20
5	Garner, David	Murfeesboro	0.00%	1.74%	1.74%	0.00	0.37	0.37
6	Kobs, David	Bloomington	0.00%	1.79%	1.79%	0.00	2.02	2.02
7	Russell, Michael	Conroe	0.00%	1.83%	1.83%	0.00	3.31	3.31
8	Markwell, Milton	Murfeesboro	0.03%	1.92%	1.95%	0.04	3.08	3.12
9	Mitchell, Richard	Bloomington	0.06%	2.06%	2.12%	0.05	2.71	2.76
10	Jimenez, Jose	Shelbyville	0.03%	2.18%	2.20%	0.06	3.28	3.35
11	Sikes, Curt	Louisville	0.00%	2.21%	2.21%	0.00	2.60	2.60
12	Moore, Luther	Simpsonville	0.00%	2.21%	2.21%	0.00	2.49	2.49
13	Priddy, Barry	Louisville	0.00%	2.24%	2.24%	0.00	2.95	2.95
14	Burnette, Nathan	Bloomington	0.47%	1.78%	2.25%	0.63	1.99	2.62
15	Wolfe, Carl	Bloomington	0.06%	2.23%	2.29%	0.11	3.28	3.40
16	Cady, Brian	Norman	0.05%	2.26%	2.32%	0.10	2.76	2.86
17	Daugherty, Dean	Shelbyville	0.08%	2.31%	2.39%	0.15	2.22	2.37
18	Watson, Thomas	Ft. Worth	0.10%	2.31%	2.40%	0.13	2.99	3.12
19	Popnen, Letonubari	Ft. Worth	2.19%	0.25%	2.44%	2.47	0.26	2.73
20	Hauk, Dean Allen	Shelbyville	0.00%	2.44%	2.44%	0.00	2.39	2.39
21	Colvin, Jimmy	Bloomington	0.07%	2.47%	2.54%	0.06	2.95	3.00
22	Parker, Steven	Lynchburg	0.05%	2.51%	2.56%	0.04	2.59	2.64
23	Askew, Carolyn	Norman	0.04%	2.52%	2.56%	0.05	2.52	2.57
24	Ridge, Steve	Indianapolis	0.08%	2.57%	2.64%	0.07	2.80	2.86
25	Nitshke, Brian	Norman	0.00%	2.65%	2.65%	0.00	3.11	3.11
<b>Averages</b>			<b>0.13%</b>	<b>2.02%</b>	<b>2.15%</b>	<b>0.16</b>	<b>2.40</b>	<b>2.57</b>

# CONGRATULATIONS!

## Drivers With No Long Idle Time - August 2019

#	Driver Name	Terminal	Long Idle %	Short Idle %	Total Idle %
1	McGary, James	Bloomington	0.00%	0.98%	0.98%
2	Martell, Douglas	Murfreesboro	0.00%	1.63%	1.63%
3	Vindel, Noemi Nunez	Murfreesboro	0.00%	1.70%	1.70%
4	Garner, David	Murfreesboro	0.00%	1.74%	1.74%
5	Kobs, David	Bloomington	0.00%	1.79%	1.79%
6	Russell, Michael	Conroe	0.00%	1.83%	1.83%
7	Sikes, Curt	Louisville	0.00%	2.21%	2.21%
8	Moore, Luther	Simpsonville	0.00%	2.21%	2.21%
9	Priddy, Barry	Louisville	0.00%	2.24%	2.24%
10	Hauk, Dean Allen	Shelbyville	0.00%	2.44%	2.44%
11	Nitshke, Brian	Norman	0.00%	2.65%	2.65%
12	Nalley, James	Louisville	0.00%	2.75%	2.75%
13	Thomas Cottrell	Newark	0.00%	2.99%	2.99%
14	Gene Parsons	Newark	0.00%	3.05%	3.05%
15	David, Shavruan	Bloomington	0.00%	3.11%	3.11%
16	Kevin Clagett	Newark	0.00%	3.11%	3.11%
17	James Bowman	Newark	0.00%	3.12%	3.12%
18	Weldon, James	Indianapolis	0.00%	3.27%	3.27%
19	Jones, Ronald	Shelbyville	0.00%	3.31%	3.31%
20	Hunt, Robert	Indianapolis	0.00%	3.35%	3.35%
21	Spann, Christopher	Norman	0.00%	3.36%	3.36%
22	Joseph McNeal	Newark	0.00%	3.42%	3.42%
23	Wallach, Barry	Norman	0.00%	3.50%	3.50%
24	Karl Whitley	Newark	0.00%	3.64%	3.64%
25	William Samson	Newark	0.00%	3.69%	3.69%
26	Komosar, Lazo	Shelbyville	0.00%	3.76%	3.76%
27	Aguirre, Jesus	Shelbyville	0.00%	3.82%	3.82%
28	Butler, Ronald	Indianapolis	0.00%	4.13%	4.13%
29	Hayden, Terrence J.	Shelbyville	0.00%	4.23%	4.23%
30	John Locke	Newark	0.00%	4.23%	4.23%
31	Kennedy, Kevin	Shelbyville	0.00%	4.28%	4.28%
32	Drummond, Richard	Bloomington	0.00%	4.38%	4.38%
33	Fuller, Jerry	Norman	0.00%	4.43%	4.43%
34	Rinke, Stephen	Lynchburg	0.00%	4.46%	4.46%
35	Sanders, Richard	Louisville	0.00%	4.51%	4.51%

# CONGRATULATIONS!

## Drivers With No Long Idle Time - August 2019

#	Driver Name	Terminal	Long Idle %	Short Idle %	Total Idle %
36	Caito, Michael	Shelbyville	0.00%	4.56%	4.56%
37	Ferrell, Brian	Shelbyville	0.00%	4.62%	4.62%
38	Shively, Charles	Louisville	0.00%	4.93%	4.93%
39	Hayes, Robert	Livonia	0.00%	4.95%	4.95%
40	Whary, Malinda	Shelbyville	0.00%	5.00%	5.00%
41	Speers, James	Louisville	0.00%	5.16%	5.16%
42	Thomas, Donald	Indianapolis	0.00%	5.28%	5.28%
43	Johnnie Rightmer	Newark	0.00%	5.40%	5.40%
44	Ellis, Larry	Shelbyville	0.00%	5.45%	5.45%
45	Johnson, Terry	Indianapolis	0.00%	5.55%	5.55%
46	Morgan, Victor	Conroe	0.00%	5.67%	5.67%
47	McFarland, Harry	Shelbyville	0.00%	5.94%	5.94%
48	Ketcham, Mark	Shelbyville	0.00%	5.96%	5.96%
49	Mansfield, Russ	Louisville	0.00%	6.03%	6.03%
50	Kerber, Robert	Livonia	0.00%	6.05%	6.05%
51	Ulrich, Dennis	Livonia	0.00%	6.14%	6.14%
52	Larry Reffitt	Newark	0.00%	6.20%	6.20%
53	Moreno, Raymond	Livonia	0.00%	6.35%	6.35%
54	Drake, Aaron	Indianapolis	0.00%	6.38%	6.38%
55	Brent Richardson	Newark	0.00%	6.48%	6.48%
56	Mida, Walter	Livonia	0.00%	6.52%	6.52%
57	Humphrey, David	Louisville	0.00%	6.60%	6.60%
58	Porter, Thomas	Conroe	0.00%	6.60%	6.60%
59	Bryson, Shawn	Indianapolis	0.00%	7.45%	7.45%
60	Jones, Scott	Indianapolis	0.00%	7.59%	7.59%
61	Alcicek, Charles	Landover	0.00%	7.59%	7.59%
62	Saunders, Junior	Landover	0.00%	7.78%	7.78%
63	Belcher, Paul	Landover	0.00%	8.36%	8.36%
64	Wilhoite, John	Indianapolis	0.00%	8.56%	8.56%
65	Stout, Vernon	Indianapolis	0.00%	8.99%	8.99%
66	Void, Cleveland	Landover	0.00%	10.60%	10.60%
67	Rioga, Solomon	Landover	0.00%	12.14%	12.14%
68	Childers, Joseph	Shelbyville	0.00%	12.30%	12.30%
69	Byerley, Thomas	Ft. Worth	0.00%	12.62%	12.62%
70	Portner, Danny	Livonia	0.00%	12.84%	12.84%

# SEPTEMBER ANNIVERSARIES



Michael Horsley  
Shelbyville, 20 years



Kenneth Borneman  
Simpsonville, 15 years



Steve Wilson  
Livonia, 15 years



Andrew Kellick  
Director of Recruiting,  
10 years



Christian Spicer  
Landover, 10 years



Derrick Steed  
Livonia, 10 years



Lee Steed  
Fort Worth, 10 years

# Congratulations!

# SEPTEMBER ANNIVERSARIES



DeCorey Clayton  
Fort Worth, 5 years



Lee Foreman  
Fort Worth, 5 years



Ryan Unversaw  
Indianapolis, 5 years



Johnny Brooks  
Shelbyville, 5 years



Lawrence Dulin  
Louisville, 5 years



Kendall Ray  
Louisville, 5 years



Warren Tooley  
Louisville, 5 years

# Congratulations!

# SEPTEMBER BIRTHDAYS

Swann JR, George H

Clagett, Kevin

Hudson, Keith L

White, Darin

Croney, Stacey L

Bishop, Diana

Parker, Steven

Baker, Christopher

Cesar, Tyrone

Deal, Jason S

Reed JR, Bennie F

Dobbs, Jerome

Findlay, Michael

Lusk, Charles

Lockridge, Dwayne

Lewis, Stephen

Cuevas Lestage, Albin D

Wilson, Brent A

Smith, Ryan

Brooks, Johnny

David, Shavruan

Corn, Audie Jason

Arnold, Barbara

Houston, Justin

James JR, Michael

Lucas, William

Robinson, Robert

Tabraham, Phillip

Hayes, Robert M

Iman, Brandie

Harris, Bradley T

Bishop, Troy W

Krueger, James

Livers, Charles

Smith, Timothy

Chaudoin, Gregory K

Bower, Cindy

Henley, Tammy G

Hawkins, Robert

Petro, James

Thomas, Namon

Acosta, Cheri

Morgan, Victor

Abrams JR, Gary L

Bramble, Nigel F

Hawkins, Frank P

Ivy, Jacob

Dehoney, Paul

Sheese, Richard E

Moon, Archie

Kennard, Troy D

Hammett, Joseph R

Nicholas, Christina L

Johnson, Daniel

Smith, Gerald

Mason, Timothy L

O'Neal, Steve M

Burnette, Nathan

Sanders, Christopher

Garner, David

Simpson, Carl T

Beauchman, Glenn

Markwell, Milton

Tompkins, Bruce

Daniel, Thomas L

Eversole, Jay Curtis

Barker JR, Danny E

Whitney, Joshua R

Ives, Shelly

Roberts, Gary L

Cardona, Nancy